



Banana Peels COMPOST TEA

WHAT YOU NEED

Banana peels
Large container with lid
Water
Strainer



HOW TO MAKE IT

Place banana peels (whole) into a large container and fill with water so that everything is totally submerged.

Put on a secure lid and leave to soak for at least 1-2 weeks.

When the skins are nearly brown and the water has turned cloudy, pour out the container into a sieve to separate the skins from the tea while being sure to catch the liquid in a bowl.

Now you can pour the tea onto the garden to make your plants thrive!

TIP: After you have separated the tea, you may wonder what to do with the saturated skins. You can either plant these in the soil near a plant which is also good fertilizer, or (if you have one) place it in the worm farm to give your worms a potassium boost!