

SEED UPDATE

Newsletter Update - MARCH 2024

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NEW SEED VARIETIES

The Lost Seed

CARROT - COSMIC PURPLE

(Daucas carota) Purple skinned root 15-18cm long with yellow-orange flesh and long, cylindrical shape. Early to mature. Holds its purple colour when cooked. Sweet, spicy flavour eaten raw or cooked. 250 seeds

ONION - AMPOSTA PURPLE

(Cucumis melo) Spanish heirloom first discovered in one of the gardens of Amposta. Also known as 'Red Amposta', 'Bronze D'Amposta' and 'Morada de Amposta'. Medium sized red / purple skinned bulbs with dense, purple / white flesh. Mild, sweet flavour. Great for use raw in salads due to its mild flavour or cooked. Intermediate day variety requiring 12-24 hours of daylight to form bulbs. Stores well. 80-85 days. 180 seeds

ONION - TROPEA RED

(Daucas carota) Italian heirloom. Medium to large, long, cylindrical, red bulbs. Mild, sweet flavour. Rich in nutrients containing quercetin, the flavonoid responsible for the red colour which is a valuable antioxidant for the immune system. Ideal for use in salads due to its mild flavour, grilled or cooked dishes. Stores well. 250 seeds



PUMPKIN - RED KURI

(Cucurbita maxima) Japanese heirloom also known as 'Orange Kokkaido', 'Uchiki Kuri' or 'Baby Red Hubbard'. Brilliant red-orange, tear-drop shaped fruit to 5kg with golden, smooth, dry, sweet flesh similar to the taste of chestnuts. Easy to peel. Vine. High yields even in cool areas - produces well right up to the first frost. Stores well. 92-100 days. 15 seeds

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