



SEED UPDATE

Newsletter Update - MAY 2024

The Lost Seed

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NEW SEED VARIETIES

The Lost Seed

BEAN, BUSH - JADE

(Phaseolus vulgaris) Dark green, round, straight, stringless beans up to 17cm long. Tender to eat with rich flavour. Disease resistant. High yields with long growing season. Produces later in the season than other varieties. 50-60 days. 60 seeds

BEAN, CLIMBING - ITALIAN ROMANO

(Phaseolus vulgaris) Italian heirloom originally sourced from SSE in USA. Long, broad, flattened, stringless, green pods with excellent flavour and crunch. Disease resistant. High Yields. 40 seeds

BEAN, RUNNER - SCARLET RUNNER

(Phaseolus coccineus) Perennial - Runner type also known as 'Seven Year Bean. Vigorous vine with salmon coloured flowers; produces numerous large, flat, green beans. Best when picked young. Attractive in the garden. Cool climate only; tolerates heat, drought & cool conditions well. 70-90 days. 12 seeds

WAX GOURD

(Benincasa hispida) Heirloom. Also known as 'Chinese Winter Melon', 'Dong Gua', or 'Flour Gourd'. Large, round, green fruit with a white waxy coating. Stores for many months if harvested when fully ripe. A fast growing, vigorous, tropical vine producing very large fruit up to 20kg in weight. May be used like squash either steamed or in stir fry when young or when left to mature in a special soup served in its own shell. May also be cubed, boiled and eaten on its own or added to soups and stews, or baked, fried, or candied. Shoots, tendrils and leaves may also be eaten as greens and seeds dried. The raw young fruit may be eaten raw in salads like cucumber. 90-120 days. 45 seeds.

PIGEON PEA

(Cajanus cajan) Bush to 2m high. Seeds may be used as legume (cooked or ground to flour); leaves used as stock feed. Useful grown as windbreak. Hardy. 100 seeds

PEA, BUSH - ONWARD

(Pisum sativum) Old heirloom variety popular in Europe. Bush type growing from 80-100cm. large, blunt ended pods holding equally as large peas with super sweet flavour. Very prolific with high yields. Similar to 'Greenfeast' but crops a few weeks earlier and with larger pods. May also be used as a dried marrowfat pea - ideal for making 'mushy peas'. 70 days. 140 seeds



SNOWPEA, CLIMBING - GOLDEN PODDED

(Pisum sativum) Rare heirloom discovered in a market in India. Intense golden, flattened pea produced on climbing bush to 2m high displaying highly attractive pink and purple coloured flowers. Definitely worthy of a spot in either the flower or vegetable garden! Harvest whole pods when young for use in stir-fry, or raw in salads or even straight off the bush. High yields. 60-70 days. 60 seeds

ZUCCHINI - YELLOW CROOKNECK

(Cucurbita pepo) Heirloom dating back to 1781. Yellow zucchini, bottle-shaped with curved neck and cream-coloured flesh. Heavy yields. Pick when young from 15cm. 40-55 days. 25 seeds

Once again, thank you for your continued support. Until next time, if we may be of assistance in any way, please do not hesitate to contact us.

Kerryn Martin (Proprietor / Grower)

